

THE CLEVELAND CLINIC FOUNDATION
 COORDINATED CARE TRACK (CCT)
 DEPARTMENT OF RADIOLOGY

SUSPECTED STROKE: CEREBRAL INFARCT/HEMORRHAGE

Date/time of Angio Visit: _____
 Nurse: _____
 Physician: _____
 Disposition of patient: _____

Imprint/Label

Cross through any interventions which are not appropriate. Circle any intervention not completed or outcomes not met, add interventions and outcome statements as needed.

STROKE TRIAGE PLAN/PATIENT ASSESSMENT GUIDELINES	Time Frame Location	0-10 minutes Triage	10-20 minutes Treatment initiated	20-30 minutes Treatment in progress	30-90 minutes Treatment concluded
Onset of Symptoms: _____	Time to Treatment	ED Time 1: (Arrival at ED: Triage/EMS) ED Time 1a: _____ (Acute care bed)	ED Time 2: _____ (Physician assessment) ED Time 2:a _____ (Stroke triage ordered)	ED Time 3: (CT completed) ED Time 4: (Protocol initiated: Angios/drug)	Total onset to Rx time: Total ED to Rx time: _____
<p>SYMPTOMS < 8 HRS: 1. Page 2-Clot (22568) pager; if no response within 5 minutes, page Neurology resident on call (23845) 1a. Kaiser also page OPMG Neurology MD 2. Head CT without contrast (5mm slices) 3. Laboratory studies: (1 green, 2 blue, 2 purple, 2 red speckled tubes and urine) to Stat Lab: CBC w/Diff, KP 7, SMA 10, PT/PTT, bHCG with females at risk for pregnancy, u/a, triglycerides, alt, thrombin time (+extra each blue, purple and red speckled tubes for special studies)</p> <p>SYMPTOMS > 8 HRS: 1. Page adult neurology on call (CCF/Kaiser) 2. Laboratory studies: CBC w/Diff, PT/PTT, KP7, 2a. CCF additional labs: UA, SMA 10 Kaiser additional labs: VDRL, Sed rate, lipid profile 3. Head CT, w/wo posterior fossa</p> <p>SYMPTOMS > 72 HRS: Do not use this CCT</p> <p>WARNING SIGNS OF STROKE *Sudden numbness, weakness, or paralysis of the face, arm, or leg *Difficulty in speaking or understanding simple statements *Decreased vision or blindness in one eye; double vision *Unexplained dizziness, loss of balance, or sudden falls *Sudden, severe headaches with no apparent cause</p> <p>DIFFERENTIAL DIAGNOSIS *Hypoglycemia/insulin reaction *Intracranial bleeding *Drug-induced mental status changes, drug overdose *Trauma *Seizure disorder/Seizure w/ Todd's paralysis *Infectious process (meningitis, encephalitis) *Electrolyte imbalance *Migraine *Meniere's Disease vs VBI *Bells Palsy *Acute glaucoma</p>	Discharge Planning/Patient Education	Explain all procedures to patient/ family Allay fears through calm, efficient manner	Orient to ED, review current meds Alternate method of communication as needed	Review precautions Signs/Symptoms of stroke	Transfer/Discharge instructions F/U appointment if indicated
	Tests/Procedures/Consults	12 lead ECG w/retrieval Blood glucose monitor Order archival	Labs/CT ordered Alcohol/tox screens as indicated CXR (portable) as indicated	Neurology consult Stroke Protocol(s) decision per stroke fellow	NIH Stroke Scale
	Nursing/Medical Interventions	Initial triage by RN or Charge Nurse (EMS) Maintain ABC, be prepared for ACLS Notification of ED physician Place on monitor w/pulse ox VS/Neuro checks BP q 5 minutes x 3 - Initiate Blood Pressure Management Algorithm if BP elevated	Continuous cardiac monitoring VS/Neuro checks w/ BP IV/saline lock I & O Indwelling catheter/NG as indicated Physician assessment of pt/ECG	Continuous cardiac monitoring VS/Neuro checks w/ BP IV/saline lock - 2nd large gauge IV if thrombolytic protocol I & O Neuro assessment of patient Anticipate arterial line insertion if SBP uncontrolled (BP Management Algorithm)	Continuous cardiac monitoring as indicated VS/Neuro checks w/ BP IV/saline lock I & O
	Precautions	Aspiration Seizure, as indicated	Aspiration Seizure, as indicated	Aspiration Seizure, as indicated Bleeding, as indicated	Aspiration Seizure, as indicated Bleeding, as indicated
Medications	O ₂ 2L via NC/titrated to keep SpO ₂ > 92% Labetolol as indicated for elevated SBP	O ₂ 2L via NC/titrated to keep SpO ₂ > 92% Consider CNS diuretics, anti-epileptics/anti-seizures	Heparin as indicated * pending CT results Anticipate sodium nitroprusside if SBP uncontrolled	Update prescriptions	

Activity/Nutrition	Transfer by w/c or cart to bedside	Bedrest, HOB 30° NPO	Bedrest, HOB 30° NPO	Bedrest, HOB 30° NPO
Outcome Criteria	Patient in acute care bed and monitored	Improvement in presenting symptoms/no progression of deficits CT scheduled (Sx < 8hrs) Free from injury SBP controlled	Appropriate service evaluating patient Lab results available CT in progress or completed (Sx < 8 hrs) Free from injury	Decision to transfer to Angio, NICU, RNF (Sx < 8 hrs) or CDU or D/C

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This is a general guideline to assist in the management of patients.
This guideline is not designated to replace clinical judgment or individual patient needs.